

PROGRAMA DE ASIGNATURA

IELTS Preparation Course

Curso extracurricular

2do semestre 2026

Formación Transversal, Departamento de Pregrado
Vicerrectoría de Asuntos Académicos
Universidad de Chile

1. NOMBRE Y CÓDIGO DEL CURSO

Nombre	IELTS Preparation Course Curso extracurricular de preparación del examen IELTS
Código	IELTS-VA-01
Requisitos	Inglés IV (nivel B1) & Aceptación en el proceso de postulación al curso. Lugar y equipo adecuados para conectarse y participar activamente en las sesiones del curso (remotas), activando cámara y audio.

2. EQUIPO DOCENTE

Docente responsable	Unidad Académica
Alex Pino	Programa de Inglés Transversal, Departamento de Pregrado, Vicerrectoría de Asuntos Académicos

3. MODALIDAD, DÍA Y HORARIO

Modalidad	Remota, con dos clases sincrónicas a la semana a través de Clase Virtual de U-Cursos.
Días	Lunes y miércoles
Horario	20:30–22:00 horas

4. DURACIÓN DEL CURSO Y HORAS DE DEDICACIÓN

Duración total del curso	10 semanas
Nº de horas de trabajo sincrónico semanal	3 horas por semana (2 sesiones)

Nº de horas de trabajo autónomo semanal	2 horas
Nº de créditos SCT	Este curso no tiene créditos (curso extracurricular)

5. COMPETENCIAS SELLO A LAS QUE CONTRIBUYE EL CURSO

	1. Capacidad de investigación, innovación y creación
	2. Capacidad de pensamiento crítico y autocrítico
X	3. Capacidad para comunicarse en contextos académicos, profesionales y sociales
	4. Compromiso ético y responsabilidad social y ciudadana
	5. Compromiso con el desarrollo humano y sustentable
X	6. Compromiso con el respeto por la diversidad y multiculturalidad
	7. Compromiso con la igualdad de género y no discriminación

6. DESCRIPCIÓN GENERAL DEL CURSO

El [Programa de Inglés del Departamento de Pregrado de la Vicerrectoría de Asuntos Académicos](#) ofrece este curso extracurricular, voluntario y gratuito para estudiantes de pregrado de todas las Facultades de la Universidad de Chile. Este curso no tiene créditos SCT y no puede ser homologado por actividades curriculares de ningún programa o carrera de pregrado.

Con el propósito de contribuir a los procesos de internacionalización y movilidad estudiantil de la Universidad de Chile, en la selección de estudiantes que tienen interés en realizar este curso, se prioriza a quienes estén postulando a becas de movilidad internacional, incluyendo quienes estén realizando su tesis de pregrado. Existen además otros requisitos para postular a este curso, relacionados con un nivel de competencia mínimo en el idioma inglés (nivel B1) y con otros aspectos que se detallan en la convocatoria.

El objetivo de este curso es preparar de manera intensiva a los y las estudiantes para realizar el examen internacional IELTS (*International English Language Testing System*), el cual evalúa y certifica habilidades de producción oral, producción escrita, comprensión oral y comprensión de lectura en lengua inglesa. IELTS es una de las certificaciones de competencia en el idioma más valoradas y solicitadas por universidades e instituciones de educación superior en los procesos de movilidad estudiantil y académica.

7. PROPÓSITO FORMATIVO DEL CURSO

This course aims at delivering the necessary skills and strategies for students to succeed when taking the IELTS Academic exam. This is achieved by enabling students to understand and learn about the way the exam format works and have a clear idea of what is expected of them at each part of the exam.

8. OBJETIVOS DEL CURSO

1. Familiarize the candidates with the overall structure of the IELTS exam using exam preparation materials.
2. Introduce the language and strategies needed for each section of the test.
3. Present candidates with a set of linguistic forms and genres used in academic contexts required for the examination.
4. Train for the exam in a friendly and relaxed atmosphere.
5. Have independent practice with receptive and productive skills and the proper feedback in each of the four parts.

9. METODOLOGÍA Y EVALUACIÓN: PLAN DE TRABAJO

A) Descripción general de la metodología y la evaluación del curso:

The course develops throughout 10 weeks on the basis of 2 1.5-hour sessions per week.

Three 10-hour cycles have been considered, and each covers the four skills assessed by IELTS Academic exam: writing, speaking, listening, and reading. Different tasks and aspects of assessment of those skills are dealt with in each cycle. They also include a recycling section for students to refresh and consolidate the contents of sessions up to then.

The sessions have been planned to give students the chance to learn about the different sections of IELTS Academic exam, their particular features, and the strategies to deal with them successfully.

Classroom dynamics favor interaction among students, mediated by the teacher, with the purpose of encouraging them to develop their understanding of what is expected of them on the exam as well as recognize their strengths and weaknesses. These aspects will then inform the personalized guidance students will receive from their teacher, who will

provide them with any extra support they need in terms of follow-up consultations and activities or materials.

The course implies the ongoing analysis of features of academic English. Students are expected to use academic English throughout the practical instances of the course.

Assessment

The course involves continuous assessment through regular personalized feedback provided online by the teacher or by means of written reports suggesting courses of action students may follow to increase their chances of success. Peer assessment is also promoted and practiced at some points in the course. There are no graded tests.

B) Planificación de contenidos y cronograma preliminar del curso:

Week	Session	Activities and contents per class	Aims	Autonomous work
1	Semana de pausa			
2 28 de septiembre – 2 de octubre	Session 1 lunes 28 de septiembre	- Welcome & Introduction - Class Framework & Guidelines - Course Structure & Resources - IELTS overview - Entry Task	- To establish positive learning setting, course purpose, and overall expectations. - To ensure clear classroom procedures, assessment criteria, and student duties. - To provide the course overview, structure and key resources. - To understand the IELTS exam format, task types, and assessment criteria. - To assess students' proficiency to identify learning needs.	All skills practice
	Session 2 miércoles 30 de septiembre	- Entry Task Feedback - Speaking section: Initial steps - Types of tasks and assessment criteria - First Speaking Practice (2-minute Fluency)	To provide feedback on students' performance to raise awareness of strengths and areas for improvement.	Speaking & Listening practice

3 5 – 9 de octubre		- Listening section: Initial steps - Types of listening, conversations & lectures and question types - First Listening Practice	- To introduce key features and requirements of the Speaking section and establish core strategies. - To understand IELTS Speaking task types and criteria to assess performance. - To engage students in speaking practice to develop fluency and build confidence in expressing ideas. - To learn about the types of passages included in the listening section and identify register - To analyze different types of questions included in the listening tasks	
	Session 3 lunes 5 de octubre	- Listening and Speaking Feedback - Reading section: Initial steps - Text & question types - Reading Subskills - First Reading Practice	- To introduce key features and requirements for the Reading section and establish core strategies. - To understand common texts and question types in the Reading section. - To enhance students' awareness of essential reading subskills for effective comprehension. - To engage students in guided reading practice to apply core strategies and develop comprehension accuracy.	Reading practice
	Session 4 miércoles 7 de octubre	- Reading Feedback - Writing section: Initial steps - Integrated task analysis - Tips & strategies - Assessment Criteria & Timing - First Writing Practice	- To introduce key features and requirements for the Writing section, including task structure and timing. - To develop students' understanding of integrated task analysis and the assessment criteria used to evaluate performance. - To provide students with effective strategies to plan, organize, and produce expected responses.	Written practice

4 12 – 16 de octubre			To engage students in guided written practice to apply seen core strategies and tips.	
	Session 5 lunes 12 de octubre	- Writing Feedback - Recycling Session - Each Section Revisited - Tips and strategies	- To provide feedback on students' writing to support improvement and awareness of assessment criteria. - To deepen learning through key language recycling, skills, and strategies across all exam sections. - To revisit each section of the IELTS exam while reinforcing effective strategies for improved performance.	All skills Practice
5 19 – 23 de octubre	Session 6 miércoles 14 de octubre	- First Mock Timed Practice (Part 1) - Listening & Speaking	- To simulate exam conditions through a timed mock practice of IELTS Listening and Speaking tasks. - To develop students' performance in Listening and Speaking by applying strategies under timed conditions.	Listening & Speaking practice
	Session 7 lunes 19 de octubre	- First Mock Timed Practice (Part 2) - Reading & Writing	- To simulate exam conditions through a timed mock practice of IELTS Reading and Writing tasks. - To develop students' performance in Reading and Writing by applying strategies under timed conditions	Reading & Writing practice
	Session 8 miércoles 21 de octubre	- Individual Deep Feedback on Mock Practice - Pair-exchange Feedback on Mock Practice - Speaking section revisited: independent speaking task; tips and strategies reinforcement; timing - Guided Individual and Pair Practice	- To provide individualized and peer-based feedback on mock performance to support targeted improvement. - To revisit the Speaking section with a focus on independent task performance, strategy reinforcement, and effective time management.	Speaking practice

6 26 – 30 de octubre			To engage students in guided individual and pair practice to consolidate skills and enhance speaking performance.	
	Session 9 lunes 26 de octubre	- Listening section revisited: - Types of conversations - Key features of language - Subskills for listening efficiently - Tips & strategies Reinforcement - Individual and Pair Guided Practice	- To revisit the IELTS Listening section by developing understanding of common conversation types and key language features. - To enhance students' application of essential listening subskills for efficient comprehension. - To reinforce effective listening strategies through guided individual and pair practice.	Listening practice
7 2 – 6 de noviem bre	Session 10 miércoles 28 de octubre	- Reading section Revisited: - Tips & strategies Reinforcement - Exposition v/s argumentation - Discursive & Persuasive - Individual and Pair guided practice	- To revisit the IELTS Reading section with a focus on reinforcing effective strategies for improved comprehension. - To develop students' understanding of key text types, including exposition and argumentation, as well as discursive and persuasive texts. - To engage students in guided individual and pair practice to consolidate reading skills and enhance performance.	Reading practice
	Session 11 lunes 2 de noviembre	- Writing Section revisited: - Tips/strategies Reinforcement - Expositive and Argumentative Texts - Independent Written practice	- To revisit the IELTS Writing section by reinforcing key strategies for effective task completion. - To develop students' ability to produce expository and argumentative texts in line with exam requirements. - To engage students in independent writing practice to consolidate skills and improve written performance.	Written Practice

8 9 – 13 de noviembre	Session 12 miércoles 4 de noviembre	- Whole-class Written Practice Feedback - Recycling session: - All skills revisited - Tips & strategies - Second Mock Practice (Part 1) (Reading & Writing)	- To provide whole-class feedback on written performance to reinforce assessment criteria and address common areas for improvement. - To consolidate learning through the recycling of key skills and strategies across all IELTS components. - To simulate exam conditions through a second timed mock practice of Reading and Writing tasks.	Reading & Writing practice
	Session 13 lunes 9 de noviembre	Second Mock Practice (Part 2) (Listening & Speaking)	- To simulate exam conditions through a second timed mock practice of IELTS Listening and Speaking tasks. - To further develop students' performance in Listening and Speaking by applying strategies with increased confidence and accuracy.	Listening & Speaking practice
9 16 – 20 de noviembre	Session 14 miércoles 11 de noviembre	- Individual Mock Practice Feedback - Writing section: Final independent timed practice	- To provide individualized feedback on mock performance in order to support targeted improvement and exam readiness. - To engage students in a final independent timed writing practice to consolidate skills and enhance performance under exam conditions.	Written practice
	Session 15 lunes 16 de noviembre	- Final Mock Practice - Listening & Speaking	- To simulate final exam conditions through a comprehensive mock practice of IELTS Listening and Speaking tasks. - To demonstrate students' readiness by applying strategies effectively and performing with accuracy and confidence.	Listening & Speaking practice
	Session 16 miércoles 18 de noviembre	- Final Mock Practice - Reading & Writing	- To simulate final exam conditions through a comprehensive mock practice of IELTS Reading and Writing tasks. - To demonstrate students' readiness by applying strategies effectively and performing with accuracy and control.	Reading & Writing practice

10 23 – 27 de noviem bre	Session 17 lunes 23 de noviembre	- Final Mock Practice Feedback - Final considerations & Challenges - Course Closure	- To provide comprehensive feedback on final mock performance to consolidate learning and highlight remaining areas for improvement. - To reflect on key challenges and reinforce strategies for continued development beyond the course. - To formally conclude the course by reviewing progress and outlining next steps for exam readiness.	
--------------------------------------	--	---	--	--

10. REQUISITOS DE PERMANENCIA EN EL CURSO

- Asistencia regular a las dos clases semanales contempladas (el docente responsable del curso registrará la asistencia a cada sesión en U-Cursos).
- Conectarse desde un lugar tranquilo y con un equipo adecuado que permita la participación plena y activa en el curso (con cámara y audio).
- Cumplir con todas las actividades y tareas solicitadas por el docente responsable del curso.

Si un/a estudiante no cumple con alguno de los requisitos anteriores, el Programa de Inglés podrá eliminarlo/a del curso, liberando su cupo para que otra persona pueda ocuparlo.

11. RECURSOS DE APRENDIZAJE O BIBLIOGRAFÍA BÁSICA

The materials used in the course will be prepared by the teacher and shared digitally with students (Material Docente, U-Cursos). They will include extracts from IELTS preparation books and websites as well as mock-type exams throughout the course for students to have a chance to practice in 'real life' conditions.

Recommended book: *The Official Cambridge Guide to IELTS for Academic and General Training Student's Book with Answers* by Pauline Cullen, Amanda French, Venessa Jakemen, Cambridge University Press

12. RECURSOS ADICIONALES

The following online resources may be used throughout the course as complementary materials for guided practice, independent practice, Resource Lab activities, and exam preparation:

- IELTS Liz: IELTS preparation materials, practice activities, strategies and model responses.
- British Council – IELTS: Official IELTS preparation resources, practice materials and skill-based activities.
- IELTS.org: Official IELTS information, test format, sample questions and preparation resources.
- IDP IELTS: IELTS preparation resources, practice activities and information about the test.

These resources will be selected according to the focus of each session and used as complementary digital materials alongside the course materials prepared by the teacher.

Websites:

[ieltsliz](http://ieltsliz.com)
[IELTS Buddy](http://ieltsbuddy.com)
[IELTS Advantage](http://ieltsadvantage.com)
[IELTS Mentor](http://ieltsmentor.com)

YouTube:

[Fastrack IELTS](https://www.youtube.com/watch?v=FastrackIELTS)
[IELTS Coach](https://www.youtube.com/watch?v=IELTSCoach)
[English Speaking Success](https://www.youtube.com/watch?v=EnglishSpeakingSuccess)

Apps:

[IELTS exam preparation: Vocabulary](#)
[IELTS Speaking assistant](#)